

Monday	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30			
	Lane Swimming		University					Lane Swimming			Lane Swimming			Lane Swimming					Lane Swimming																
	Small Pool																																		

Tuesday	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30			
	Lane Swimming						Lane Swimming		Healthy Horizons Over 50's (widths)		Lane Swimming			Lane Swimming					Lane Swimming																
	Small Pool																																		

Wednesday	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30			
	Lane Swimming		University					Lane Swimming			Lane Swimming		Aquanatal (widths)		Lane Swimming				Lane Swimming																
	Small Pool																																		

Thursday	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30			
	Lane Swimming							Lane Swimming			Lane Swimming			Lane Swimming		School				Lane Swimming															
	Small Pool																																		

Friday	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	7:30-8	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30			
	Lane Swimming		University				Lane Swimming		Active Adults*		Lane Swim		Lane Swimming			Lane Swimming				Lane Swimming															
	Small Pool																																		

Saturday	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30	
	Small Pool																							

Sunday	8-8:30	8:30-9	9-9:30	9:30-10	10-10:30	10:30-11	11-11:30	11:30-12	12-12:30	12:30-1	1-1:30	1:30-2	2-2:30	2:30-3	3-3:30	3:30-4	4-4:30	4:30-5	5-5:30	5:30-6	6-6:30	6:30-7	7-7:30
	Small Pool																						

Key	
	Payable Lane Swimming
	DCASC
	Learn to Swim
	Aquafit
	Ducklings
	School Swimming
	Last Entrance**
	Free Swimming Availability
	Adult Swimming Only
	Junior Lifesaving*
	Aqua Fun*
	Active Adults/DisabledAdult Session*
	<b>Pink Times = Off Peak Swimming</b>
<b>*Sessions do not begin until June 2009</b>	
** Please note: On Wednesday's, Friday's & Sunday's, public swimming entry is only available until the dashed line and not beyond.	