



Rhythm & Ride

From Breakdance and BMX
to Salsa and Skateboarding

Durham goes URBAN!

And it's all FREE on
Saturday 23 and Sunday 24 May

Saturday 23 May 12noon – 4.00pm

Millennium Place and Walkergate

FREE demos in everything from Breakdance to BMX and Salsa to Skateboarding. Here's what's on and when...

Team Extreme 12.00noon – 12.20pm

Team Extreme 1.00pm – 1.20pm

Team Extreme 2.00pm – 2.20pm

Team Extreme 3.00pm – 3.20pm

Dance 12.30pm – 12.50pm

Dance 1.30pm – 1.50pm

Dance 2.30pm – 2.50pm

Finale 3.30pm – 4.00pm

Rhythm & Ride

Sunday 24 May 12noon – 4.00pm

Coxhoe Leisure Centre

Wanna learn new 'tricks', show off your '180s' or 'ollies'? Wanna Jam, Breakdance and Salsa? Are you 'Old Skool' or 'New Skool'?

What's on and when...

Skateboarding, BMX and Inline skating demos and coaching from 12noon – 2.30pm. Competition from 2.30pm with final demo and prizes around 4pm. Dance tasters on the hour at 1pm, 2pm and 3pm.

No wheels? No problem – we've got boards, bikes, and safety gear. No need to book, just roll up, it's all FREE!



www.actedurham.co.uk

Please wear suitable clothing for activities. A registration form must be filled in on the day. Parental or guardian consent is required for under 16's. All times are approximate.